



The 3 days, 3 Weeks, 3 Month Rule of Adopting a Rescue Dog

The 3-3-3 rule is a general guideline. Every dog is unique and will adjust differently and at his own pace. Give your dog time and space.

3 Days



In the first 3 Days,

Feeling overwhelmed - Just let them be. May grow! (This is them telling you)

Maybe scared and unsure of what is going on - Don't take them places.

Not comfortable to just be himself - Don't invite a lot of people over.

May not want to eat or drink - Their world has just been turned upside down.

Shut down or want to be on his own. Curl up in his crate or hide under a table - They need a few days to find their bearings.

May soil in the home - Don't be harsh they don't know what to do yet.

3 Weeks



After 3 Weeks,

Starting to settle in - They may have realised your ok.

Feeling more comfortable - They feel like this may be their home.

Figured out his environment

Getting into a routine - A visit to your own vet to get them used to it.

Lets his guard down and may start showing his personality - This is helped by play.

Behaviour issues may start showing up - Testing the boundaries is quite common

3 Months



After 3 Months

Finally be comfortable in his home - Realizing this could be his forever home

Building a trust and bond with you and your family - You'll notice they have a favourite toy, or how they tell you something.

Gained a sense of security with his new family - Their full personality will come out and they will look to you for guidance.

Set in a routine - They will know when its time to toilet or walk. Greet you when you come in the door.